

# Tropical Green Smoothie

<b>Serves</b>	1
<b>Ingredients</b>	7 fluid ounce Minute Maid Smoothies Tropical 1/2 cup Spinach 1 cup ice
<b>Garnish</b>	Pineapple slice
<b>Method</b>	1. In a blender combine all ingredients until smooth 2. Serve in a 16-oz. glass and garnish with a pineapple slice
<b>Nutritional Information</b>	365 calories
<b>Brands</b>	<b>Minute Maid Smoothies</b>
<b>Primary Flavor Profile</b>	Fruity
<b>Drink Style</b>	Blended
<b>Food Pairing and Recommendation</b>	<b>BBQ, Breakfast / Brunch - Savory, Breakfast / Brunch - Sweet, Mexican / Latin, Salads - Lighter Protein, Salads - Richer Protein, Sandwiches - Lighter Protein, Sandwiches - Richer Protein, Sandwiches - Vegan, Snacks - Salty</b>

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