

Super Blueberry Smoothie



Serves	1
Ingredients	4 fluid ounce Minute Maid Smoothies Vanilla Non-Fat Yogurt 1 fluid ounce wild blueberry syrup 1 fluid ounce pomegranate syrup 2 cups ice
Garnish	Whipped cream Blueberries, fresh or frozen
Method	1. Combine all ingredients in a blender; process until smooth 2. Pour into a 16-oz glass 3. Garnish with whipped cream and blueberries
Nutritional Information	378 calories
Brands	Minute Maid Smoothies
Primary Flavor Profile	Fruity
Drink Style	Blended
Food Pairing and Recommendation	BBQ, Breakfast / Brunch - Savory , Breakfast / Brunch - Sweet, Mexican / Latin , Salads - Lighter Protein , Salads - Richer Protein , Sandwiches - Lighter Protein , Sandwiches -

Richer Protein , Sandwiches - Vegan , Snacks - Salty

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