

Pina Colada



Serves	1
Ingredients	4 fluid ounce Minute Maid Smoothies Vanilla Non-Fat Yogurt, thawed 1 fluid ounce pineapple syrup 1 fluid ounce coconut syrup 1 1/2 cups ice 1 fluid ounce crushed pineapple
Garnish	Whipped cream 1 pineapple wedge Coconut, toasted
Method	1. Combine all ingredients in a blender; process until smooth 2. Pour into a 16-oz. glass 3. Garnish with whipped cream, a pineapple wedge and toasted coconut
Nutritional Information	420 calories
Brands	Minute Maid Smoothies
Primary Flavor Profile	Fruity
Drink Style	Blended

**Food Pairing and
Recommentation**

**BBQ, Breakfast / Brunch - Savory , Breakfast / Brunch -
Sweet, Mexican / Latin , Salads - Lighter Protein , Salads -
Richer Protein , Sandwiches - Lighter Protein , Sandwiches -
Richer Protein , Sandwiches - Vegan , Snacks - Salty**

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