

Melon Ball



Serves	1
Ingredients	<p>1 1/2 fluid ounce Minute Maid Smoothies Raspberry, thawed</p> <p>1 1/2 fluid ounce milk or soy milk</p> <p>1/2 cup cantaloupe melon; diced</p> <p>1/2 cup honeydew melon; diced</p> <p>1 1/2 cups ice</p> <p>Honey to taste</p>
Garnish	3 skewered melon balls
Method	<p>1. Combine all ingredients in a blender; process until smooth</p> <p>2. Pour into a 12-oz. glass</p> <p>3. Garnish with 3 skewered melon balls</p>
Nutritional Information	200 calories
Brands	Minute Maid Smoothies
Primary Flavor Profile	Fruity
Drink Style	Blended , Seasonal
Food Pairing and Recommendation	<p>BBQ, Breakfast / Brunch - Savory , Breakfast / Brunch - Sweet, Mexican / Latin , Salads - Lighter Protein , Salads - Richer Protein , Sandwiches - Lighter Protein , Sandwiches -</p>

Richer Protein , Sandwiches - Vegan , Snacks - Salty

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