

Lemon Yogurt Smoothie



Serves	1
Ingredients	3 fluid ounce Bacardi Premium Mixers Lemon 2 fluid ounce Minute Maid Orange Juice 1/4 cup Minute Maid Smoothies Non-Fat Vanilla Yogurt, thawed 1 and 1/2 cups ice
Garnish	1 orange wedge
Method	1. Combine all ingredients in a blender; process until smooth 2. Pour into a 16-oz glass 3. Garnish with an orange wedge
Nutritional Information	170 calories
Brands	Minute Maid Chilled Orange Juice, Minute Maid Smoothies
Primary Flavor Profile	Fruity
Drink Style	Blended , Juice Forward
Food Pairing and Recommendation	BBQ, Breakfast / Brunch - Savory , Breakfast / Brunch - Sweet, Mexican / Latin , Salads - Lighter Protein , Salads - Richer Protein , Sandwiches - Lighter Protein , Sandwiches - Richer Protein , Sandwiches - Vegan , Snacks - Salty

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