

Dulce De Leche Freeze



Serves	1
Ingredients	4 fluid ounce Minute Maid Smoothies Non-Fat Vanilla Yogurt, thawed 1 1/2 fluid ounce caramel syrup 1/2 fluid ounce Irish cream 2 cups ice
Garnish	Whipped cream Caramel syrup
Method	1. Combine all ingredients in a blender; process until smooth 2. Drizzle caramel syrup into the inside walls of a 16-oz glass 3. Pour blended liquid into the glass 4. Garnish with whipped cream; caramel syrup and a chewy caramel candy (if desired)
Nutritional Information	365 calories
Brands	Minute Maid Smoothies
Primary Flavor Profile	Fruity
Drink Style	Blended

**Food Pairing and
Recommentation**

**BBQ, Breakfast / Brunch - Savory , Breakfast / Brunch -
Sweet, Mexican / Latin , Salads - Lighter Protein , Salads -
Richer Protein , Sandwiches - Lighter Protein , Sandwiches -
Richer Protein , Sandwiches - Vegan , Snacks - Salty**

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