

Chocolate Mint Chip Shake



Serves	1
Ingredients	4 fluid ounce Minute Maid Smoothies Non-Fat Vanilla Yogurt, thawed 1 1/2 fluid ounce peppermint syrup 1 fluid ounce white or dark chocolate syrup (optional) 2 cups ice 1 tbsp mini chocolate chips
Garnish	Whipped cream Mini chocolate chips or chocolate mint cookie crumbs Chocolate syrup
Method	<ol style="list-style-type: none">1. Combine Minute Maid Smoothies Vanilla, peppermint syrup (and chocolate syrup if desired) and ice in a blender; process until smooth2. Add mini chocolate chips; flash blend3. Pour into a 16-oz glass4. Garnish with whipped cream, mini chocolate chips or chocolate mint cookie crumbs and chocolate syrup
Nutritional Information	568 calories
Brands	Minute Maid Smoothies

Primary Flavor Profile	Fruity
Drink Style	Blended , Seasonal
Food Pairing and Recommendation	BBQ, Breakfast / Brunch - Savory , Breakfast / Brunch - Sweet, Mexican / Latin , Salads - Lighter Protein , Salads - Richer Protein , Sandwiches - Lighter Protein , Sandwiches - Richer Protein , Sandwiches - Vegan , Snacks - Salty

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