

# Caramel Apple Shake



<b>Serves</b>	1
<b>Ingredients</b>	4 fluid ounce Minute Maid Smoothies Non-Fat Vanilla Yogurt, thawed 2 fluid ounce caramel apple syrup 2 cups ice
<b>Garnish</b>	Whipped cream Caramel syrup 1 apple slice
<b>Method</b>	<ol style="list-style-type: none"><li>1. Combine Minute Maid Smoothies Vanilla and ice in a blender; process until smooth</li><li>2. Pour into a 16-oz caramel-swirled* glass</li><li>3. Garnish with whipped cream, an apple slice and caramel syrup&lt;</li></ol> <p>*To prepare a caramel-swirled glass, slowly drizzle caramel syrup into a chilled glass starting at the bottom and moving upward in a spiral</p>
<b>Nutritional Information</b>	402 calories
<b>Brands</b>	<b>Minute Maid Smoothies</b>
<b>Primary Flavor Profile</b>	Fruity

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**Drink Style**Blended , Seasonal

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**Food Pairing and Recommendation****BBQ, Breakfast / Brunch - Savory , Breakfast / Brunch - Sweet, Mexican / Latin , Salads - Lighter Protein , Salads - Richer Protein , Sandwiches - Lighter Protein , Sandwiches - Richer Protein , Sandwiches - Vegan , Snacks - Salty**

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