

Banana Island Smoothie



Serves	1
Ingredients	2 fluid ounce Minute Maid Smoothies Vanilla Non-Fat Vanilla Yogurt, thawed 2 fluid ounce Minute Maid Smoothies Banana, thawed 3/4 fluid ounce Coconut Syrup 2 cups ice
Garnish	Whipped cream Blueberries 1/2 fluid ounce Blue Curacao Syrup
Method	1. Combine all ingredients in a blender; process until smooth 2. Pour into a 16-oz. glass 3. Garnish with whipped cream, a banana, a blueberry and drizzle with Blue Curacao Syrup
Nutritional Information	350 calories
Brands	Minute Maid Smoothies
Primary Flavor Profile	Fruity
Drink Style	Blended , Juice Forward

**Food Pairing and
Recommentation**

**BBQ, Breakfast / Brunch - Savory , Breakfast / Brunch -
Sweet, Mexican / Latin , Salads - Lighter Protein , Salads -
Richer Protein , Sandwiches - Lighter Protein , Sandwiches -
Richer Protein , Sandwiches - Vegan , Snacks - Salty**

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